

OPHA 2010 ANNUAL CONFERENCE

"The Heart of the Matter, Oklahoma"

Focusing on Prevention of Cardiovascular Disease - Strategies and Solutions:
tobacco control, built environment, physical activity and nutrition, behavioral and
chronic disease management.
Sheraton Hotel - Oklahoma City

PRECONFERENCE SCHEDULE:

Tuesday, April 6, 2010

1:00 - 5:00 PM: **"Public Health and the Built Environment"** -

Location: University of Central Oklahoma, Nigh Center, 100 N. University Drive, Edmond, OK

Tuesday, April 5, 2010

1:00 - 5:00 PM: **"Stress Management for Public Health Professional"**

Location: Sheraton Oklahoma City, One North Broadway, Oklahoma City, OK

MAIN CONFERENCE SCHEDULE: "The Heart of the Matter, Oklahoma"

Wednesday, April 7, 2010

7:00 am - 5:00 pm Registration, Sheraton OKC, 2nd floor

8:30 am - 8:40 am Welcome, Reggie Ivey, OPHA President

8:40 am - 9:40 am Plenary Speaker I - Dr. Stan Glantz, Tobacco Control

9:40 am - 9:50 am Break

9:50 am - 10:50 am Concurrent Session I

(Sessions repeated except for Healthy Homes, Part I)

- The Four Ways to Reduce Your Stress Starting Today! - *Donna Rynda*
- Smoking Cessation and Pregnancy - *Dr. Laura Beebe*
- Correlation between Cardiovascular Disease and Periodontal Disease - *John Demtrick, D.D.S.*
- Screening for Metabolic Syndrome, A new Mission for Public Health? *Dr. Timothy Cathey*
- Heart Health & Emergency Medicine - *Dr. Charles Stewart*
- Prevention and Health Care Needs -- Perspective from Preventive Cardiology and Clinical Lipidology -- How can We Team Up? - *Dr. Carl Rubenstein, MD*
- Heart Healthy Cooking & Food Demonstration - *Fernando Acuna*
- The Real Health Care System: Taking PE Outside the Gymnasium and into the Hearts and Minds of the Community - *Beth Kirkpatrick*
- Time Lost is Brain Lost - *Mary Pinson*
- Healthy Homes, Part I - *Dr. Patrick Bohan*
- Healthy Homes, Part II - *Dr. Patrick Bohan*

10:50 am - 11:00 am Break

11:00 am - Noon Concurrent Session II (repeat of Concurrent I)

Noon - 12:15 pm Tobacco Freeze

12:15 pm - 1:15 pm Lunch & Tobacco Prevention Video Contest

1:15 pm - 1:30 pm Break

1:30 pm - 2:15 pm Section Business Meetings
2:15 pm - 2:30 pm Fitness Break
2:30 pm - 2:45 pm Welcome and Introduction - *OKC Mayor Cornett*
2:45 pm - 3:45 pm Plenary Speaker II - Building Healthy Communities - *Heather Wooten, MCP*
3:45 pm - 4:00 pm Entertainment
4:00 pm - 4:15 pm Day I - close
4:30 pm - 5:30 pm Downtown Walking Tour - *Larry Hopper*
7:00 pm Tip Off - OKC Thunder vs. Denver Nuggets, Ford Center (email epi_alee@cox.net to order \$24 tickets)

Thursday, April 8, 2010

7:00 am - Noon Registration
8:00 am - 8:30 am Relaxing Yoga with Tiffany Porte
8:30 am - 9:15 am OPHLI Awards & OPHA Awards and Scholarships
9:15 am - 9:30 am Break
9:30 am - 10:30 am Introduction by *Reggie Ivey, OPHA President*
Plenary Speaker III - Behavior and Chronic Disease Management, APHA President's Address - *Dr. Carmen Nevarez*
10:30 am - 10:45 am Fitness bread with *Steve Siedel*
10:45 am - 11:45 am Introduction by *Dr. Terry Cline, OK Commissioner of Health*
Plenary Speaker IV - Physical Fitness and Nutrition, *Dr. Judy Kruger*
11:45 am - Noon Close of Conference
Noon - 1:00 pm OPHA Business Meeting
1:00 pm - 2:00 pm Lunch on Your Own

POST CONFERENCE:
2:00 pm - 5:00 pm CPR Certification